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Manson heads film on self-harming

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SCOTS singer Shirley Manson is to talk about her troubled history of self-harm as part of a one-off documentary aimed at preventing teenagers from developing the condition.

The Edinburgh-born singer of rock group Garbage has previously admitted her troubled history, revealing that she had body dysmorphia, and used to inflict self-harm as a youngster.

Forthcoming film CUT: Teens And Self Injury will be the first time Manson has talked at length about her condition.

American producer Wendy Schneider began the project last year after discovering a friend's daughter had tried to commit suicide after self-harming herself for over four years.

The footage of interviews from Manson and others with the condition will be used to deter others from self-harming. Schneider is filming the final interviews and the final production will be completed by early October.

Schneider said: "I could do the festival circuit, that's wonderful, but I want it to reach school nurses, nurses in emergency rooms, teens. I would love to go into schools, show this film and speak about the experiences.

"Interviewing my friend's daughter, she told me that out of 125 kids in her school, she knows 25 who cut," says Schneider. "The behaviour itself has a very potent, almost addictive quality."

Manson began cutting herself as a teenager, after being bullied regularly at school but is believed to have recovered fully. She has kept a low profile since Garbage split in October last year. Rumours have been rife since that she is working on a solo album.